

JAW OPENING AND CLOSING

Contraindications

- Temporomandibular joint hypermobility#– patients with hypermobility should be encouraged to avoid end range positions*⁹

#Indicators for temporomandibular joint hypermobility include:

- Clicking⁵⁵ (although this may be a normal anatomical variation and anterior disc displacement can occur without clicking)⁵⁴
- General hypermobility (systemic joint laxity)⁵⁶
- History of trauma⁵⁶
- Previous episode of dislocation
- Ehlers-Danlos syndrome or Marfan's syndrome⁵³

*During daily activities patients with hypermobility should be taught not to depress their mandible farther than the position that permits the tip of the tongue to maintain contact with the hard palate just posterior to the upper incisors.⁹